



To sign up for classes Text 512-593-1949 or

Call 512-409-3400

january



Special Dates to be on the look out for:

January 16th at 6pm

We have a Lactation Specialist coming in. This amazing woman has all the answers to anything you need to know about Breastfeeding and being successful in doing so.

January 23 and 30th

If you have ever wondered what you would like to do as far as a career. This is your time. We will have a guest speaker here on these two dates. Dale is a amazing guide in finding where you should be as far as your career. Please dont miss these dates.

You can register 3 ways. 1- Let Lisa know 2- Send a Text 3-Call

Our goal is not only guiding you through parenting and pregnancy but we want to see sucessful families.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Labor Expectaions 9am Spanish 10:30am English	3 Quality Childcare 9am Spanish 10:30am English
6 Toddler Accidents 9am English 10:30am Spanish	7 12-15 Month Milestones 9am Spanish 10:30am English	8 Understanding your infant 9am English 10:30am Spanish	9 Labor and Delivery Pain Relief 9am Spanish 10:30am English 6pm English	10 Importance Of Words 9am Spanish 10:30am English
13 Time with Toddler 9am English 10:30am Spanish	14 15-18 Month Milestones 9am Spanish 10:30am English	15 Crying 9am English 10:30am Spanish	16 Breast Feeding Getting Started 9am Spanish 10:30am English 6pm Lactation Nurse	17 There is HOPE Single Mom Lesson 1 9am Spanish 10:30am English
20  Center Closed	21 24-36 Month Milestones 9am Spanish 10:30am English	22 Newborn Sickness 9am English 10:30am Spanish	23 Career Couseling 9-11:30	24 There is HOPE Single Mom Lesson 2 9am Spanish 10:30am English
27 I Can Do IT Myself 9am English 10:30am Spanish	28 Tantrums 9am Spanish 10:30am English	29 Infant Expectations 9am English 10:30am Spanish	30 Career Couseling 9-11:30	31 There is HOPE Single Mom Lesson 3 9am Spanish 10:30am English

Happy New year

